

# Three Integrated Profiles = One Fully Customized Solution



# Conditions and symptoms that may benefit from the TRIAD Profile:

- Low protein diets
- Chronic stress
- Skin problems
- Immune system disorders
- Fatigue
- Ear, nose and throat symptoms
- Inflammatory bowel disease
- Toxicity

Included with the TRIAD Profile test results is an online Allergix<sup>SM</sup> Food Reaction Guide to offer you alternative food choices and to help you better understand your results. Also included is a customized vitamin and mineral formula customized specifically to your needs.

## What is the TRIAD<sup>SM</sup> Profile?

The link between diet and health is clearly established. There is consensus that getting the nutrition that is right for your body will help prevent and treat suboptimal health. The **TRIAD Profile** helps you target specific needs by integrating three powerful profiles—**Organix**<sup>SM</sup>, **Amino Acids and Allergix**<sup>SM</sup> **IgG**<sub>4</sub> **Food Antibody**—into a single innovative tool offering customized intervention options. The foods you eat provide fuel for your body. The nutrients you consume each day are your body's source of raw materials. A shortage of any nutrient can shut down the "assembly lines" that are your body's biochemical pathways.

Each person's body has unique needs. The TRIAD Profile customizes diet, vitamins, minerals and amino acids to fit each person. The TRIAD Profile optimizes wellness and helps prevent disease states from occurring. While each test alone gives valuable information, the three tests of the TRIAD Profile together allow for an in-depth picture of the individual revealing patterns that would not otherwise be appreciated.

#### Why should I use the TRIAD<sup>SM</sup> Profile?

The TRIAD Profile shows your special needs by combining information from measurements of digestion, nutrients and nutrient marker compounds. The Metametrix profiles include:

- Organix Comprehensive Profile: Organic acid testing showing vitamin and mineral deficiency as well as cell and organ dysfunction.
- Amino Acids Profile: Amino acids are the "building blocks" of proteins which factor in chemical processes affecting physical, mental and emotional function.
- Allergix IgG<sub>4</sub> Food Antibody Profile: IgG<sub>4</sub> antibodies are associated with "delayed" food reactions that can worsen or contribute to many different health problems, such as inflammatory bowel disease, ADD/ADHD, skin problems, fatigue, migraine/ headaches and more.

The TRIAD Profile is now available in an easy-to-use bloodspot collection!

### PATIENT INFORMATION SHEET

